# Del Verde Restaurant - Allergen Information

| | Gluten | Peanuts | Nuts | Miik | Soya | Mustard | Lupin | Eggs | Fish | Crustaceans | Molluscs | Sesame Seeds | Celery | Sulphur Dioxide |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| **Crostini and garlic dip** | Y | | | | | | | Y | | | | | | |
| **Starters** | | | | | | | | | | | | | | |
| **Seasonal Soup** | | | | Y | Y | | | | | | | | Y | |
| **Mixed olives** | | | | | | | | | | | | | | |
| **Bread** with balsamic vinegar and olive oil | Y | | | | | | | | | | | | | |
| **HALF AVOCADO** baked with smoked haddock, chives and cheddar cheese | | | | Y | | | | | Y | | | | | |
| **Chicken Liver Pate** with walnuts, salad and whisky marmalade | Y | | Y | Y | Y | | | | | | | | Y | |
| **CHORIZO & TIGER PRAWNS** in red wine, garlic and paprika sauce with flat bread | | | | | | | | | Y | Y | Y | | | Y |
| **King Scallop** and crayfish thermidor with parmesan flat bread | Y | | | Y | Y | Y | | | Y | Y | Y | | Y | |
| **Grilled Goats cheese** salad with an apple and sage dressing | Y | | | Y | | | | | | | | | | |
| **WHITEBAIT** flash fried with caper berry and lemon dip | Y | | | Y | | | | Y | Y | | | | | |
| **Mixed Antipasto** cured meats, cheese pickles and olives | Y | | | Y | | | | | | | | | | |
| **Aglio pizza** garlic and mixed herbs | Y | | | | | | | | | | | | | |
| **Mozzarella pizza** mozzarella and garlic | Y | | | Y | | | | | | | | | | |
| **Marinara pizza** tomato, basil and garlic | Y | | | | | | | | | | | | | |
| | | | | | | | | | | | | | | |
| **Pizzas** | | | | | | | | | | | | | | |
| **Margherita** | Y | | | Y | | | | | | | | | | |
| **CHORIZO**, mixed peppers, red onions and garlic | Y | | | Y | | | | | | | | | | |
| **Mediterranean** aubergines, courgettes, red onions, tomatoes, peppers, and pesto | | | Y | Y | | | | | | | | | | |
| **Kiev** ham, chicken, double cheese, garlic butter topped with tomato ragu | Y | | | Y | | | | | | | | | | |
| **American Hot** salami and fresh chillies | Y | | | Y | | | | | | | | | | |
| **Meat Feast** bolognese, chicken, salami, cheddar and garlic butter | Y | | | Y | | | | | | | | | Y | |
| **Chilli Prawns** king prawns, spinach, mixed peppers, garlic and fresh chillies | Y | | | Y | | | | | | Y | | | | |
| | | | | | | | | | | | | | | |
| **Vegetarian** | | | | | | | | | | | | | | |
| **Mixed Mushroom risotto** with white truffle oil | | | Y | Y | | | | | | | | | Y | |
| **CHICKPEA AND FETA BURGER** with chips and mild piri-piri sauce | Y | | | | | | | | | | | | | |

# Del Verde Restaurant - Allergen Information

| | Gluten | Peanuts | Nuts | Milk | Soya | Mustard | Lupin | Eggs | Fish | Crustaceans | Molluscs | Sesame Seeds | Celery | Sulphur Dioxide |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| **Fish** | | | | | | | | | | | | | | |
| **Trio of Fish** Hake, Salmon, Seabass with a lemon butter sauce | | | | Y | | | | | Y | | | | | |
| **Seabass** with crispy prosciutto and red pepper sauce | | | | | | | | | Y | | | | | |
| **Salmon fillet** with cream pesto sauce | | | Y | Y | | | | | Y | | | | | |
| **HAKE FILLET** baked in white wine, tomatoes and olives | | | | Y | | | | | Y | | | | | Y |
| **Seared King Scallops** with crayfish tails and parmesan risotto | | | | Y | Y | | | | | Y | Y | | Y | |
| | | | | | | | | | | | | | | |
| **Meat** | | | | | | | | | | | | | | |
| **Sirloin steak** with homemade chips (Choice of whisky glaze ***or*** peppercorn sauce) | Y | | | Y | | Y | | Y | | | | | Y | |
| **Char-grilled chicken fillet** (Choice of tomato with olives or mild piri-piri sauce) | | | | | | | | | | | | | | |
| **Lamb Shank** with rosemary sauce and mint gremolata | | | | | | | | | | | | | Y | |
| | | | | | | | | | | | | | | |
| **Pasta** | | | | | | | | | | | | | | |
| ***Lasagne*** | | | | | | | | | | | | | | |
| **BEEF LASAGNE** baked with mozzarella and tomato | Y | | | Y | | | | Y | | | | | Y | |
| ***Linguine*** | | | | | | | | | | | | | | |
| **KING PRAWNS** with garlic, parsley and olive oil in a velouté sauce | Y | | | | | | | | Y | Y | | | | |
| **SMOKED PANCETTA**, chilli, garlic, red onions and olives in a tomato sauce | Y | | | | | | | | | | | | | |
| **SALAMI AND CHORIZO** in a Bolognese sauce | Y | | | | | | | | | | | | Y | |
| ***Rigatoni*** | | | | | | | | | | | | | | |
| **Smoked Ham** with onion, egg, cream and parmesan | Y | | | Y | | | | Y | | | | | | |
| **Tomato and Basil** sauce topped with char-grilled aubergine and ricotta cheese | Y | | | Y | | | | | | | | | | |
| **Salami** with garlic, tomatoes, chilli and mixed olives | Y | | | | | | | | | | | | | |
| | | | | | | | | | | | | | | |
| **Side Dishes** | | | | | | | | | | | | | | |
| Homemade chips | Yc | | | | | | | | | | | | | |
| Mixed salad | | | | | | | | | | | | | | |
| Sauté garlic spinach | | | | | | | | | | | | | | |
| Sauté mushrooms with garlic and parsley | | | | | | | | | | | | | | |
| Rocket salad with a balsamic glaze and white truffle oil | | | | | | | | | | | | | | |